



The Miraculous Medal

Miraculous Medal Novena

Traditional prayer and nine daily meditations

Traditional Miraculous Medal Novena Prayer

O Immaculate Virgin Mary, Mother of Our Lord Jesus and our Mother, filled with confidence in your powerful and never-failing intercession, manifested so often through the Miraculous Medal, obtain for us the graces and favors we ask during this novena, if they are for the good of our souls and those for whom we pray.

Pause and form your petition.

Obtain for us a deep hatred of sin and purity of heart, so that our thoughts, words, and deeds may give greater glory to God. Obtain for us a spirit of prayer and self-denial, that we may recover through repentance what we have lost through sin and at last attain the blessed dwelling where you are Queen of angels and saints. Amen.

How to Pray the Miraculous Medal Novena

Pray the novena on nine consecutive days for a particular intention. Begin with the Sign of the Cross, pause to place your intention before God, read the meditation for the day, and then pray the Traditional Novena Prayer below.

Day 1: Faith in God's Grace

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Pause and name your intention.

Mary, help me believe that every grace comes from God and that no difficulty lies beyond his providence. Teach me to approach Jesus with confidence and to receive his grace with humility.

Pray the Traditional Miraculous Medal Novena Prayer above.

Day 2: Freedom from Sin

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Pause and name your intention.

Mary Immaculate, obtain for me a sincere hatred of sin and the courage to turn away from whatever separates me from your Son. Lead me toward repentance, confession, and a renewed life in Christ.

Pray the Traditional Miraculous Medal Novena Prayer above.

Day 3: Trust During Illness

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Pause and name your intention.

Mary, Health of the Sick, intercede for those who suffer in body, mind, or spirit. Ask Jesus to grant healing according

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to his will, strength in suffering, and compassionate care from others.

Pray the Traditional Miraculous Medal Novena Prayer above.

Day 4: Peace in Families

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Pause and name your intention.

Mary, Mother of the Church, bring the peace of Christ into families burdened by conflict, distance, or grief. Help us forgive, listen patiently, and seek reconciliation grounded in truth and charity.

Pray the Traditional Miraculous Medal Novena Prayer above.

Day 5: Guidance in Decisions

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Pause and name your intention.

Mary, Seat of Wisdom, intercede for me in the decisions I face. Quiet fear and confusion, purify my intentions, and help me recognize the path that most faithfully follows God's will.

Pray the Traditional Miraculous Medal Novena Prayer above.

Day 6: Help for the Poor and Forgotten

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Pause and name your intention.

Mary, remember before your Son those who lack food, shelter, companionship, medical care, or hope. Make me attentive to their dignity and willing to serve Christ in those most in need.

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Pray the Traditional Miraculous Medal Novena Prayer above.

Day 7: Perseverance in Prayer

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Pause and name your intention.

Mary, teach me to pray faithfully when answers seem delayed or hidden. Obtain for me patience, perseverance, and confidence that God hears every prayer and works for our true good.

Pray the Traditional Miraculous Medal Novena Prayer above.

Day 8: Purity of Heart

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Pause and name your intention.

Mary Immaculate, ask Jesus to purify my thoughts, words, and actions. Help me love God above all things and treat every person with reverence, honesty, and charity.

Pray the Traditional Miraculous Medal Novena Prayer above.

Day 9: Gratitude and Consecration

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Pause and name your intention.

Mary, I thank God for the graces received during this novena, including those I cannot yet recognize. Lead me closer to Jesus and help me place my life, my work, and my intentions completely in his hands.

Pray the Traditional Miraculous Medal Novena Prayer above.

The Miraculous Medal Invocation

The short prayer inscribed upon the medal may be prayed throughout the day:

“O Mary, conceived without sin, pray for us who have recourse to thee.”

Prayer to St. Catherine Labouré

Saint Catherine Labouré, faithful servant of Christ and humble witness to the Blessed Virgin Mary, pray that we may welcome God’s grace with simplicity and courage. Help us use the Miraculous Medal as a reminder to turn away from sin, trust in Mary’s intercession, and draw closer to Jesus. Intercede for our intentions and teach us to serve those in need with quiet charity. Amen.