



Chaplet of the Holy Face of Jesus

As prayed by the Discalced Carmelite Nuns of Sacramento. The Glory Be is prayed seven times in all, in honor of the seven last words of Jesus on the Cross and the Seven Sorrows of Our Lady.

On the Cross

Make the Sign of the Cross. Then pray:

O God, come to my assistance; O Lord, make haste to help me.

Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and ever shall be, world without end. Amen.

The Five Sets of Six Beads

Each set honors one of Our Lord's senses, in this order: touch, hearing, sight, smell and taste. For each set, on the single bead:

My Jesus, mercy.

Then the Glory Be. On each of the six beads:

Arise, O Lord! and let Thy enemies be scattered, and let them that hate Thee flee from before Thy Face.

The Last Three Beads

On the last single bead, beside the medal:

My Jesus, mercy.

Then the Glory Be. On each of the three beads between the medal and the cross:

Arise, O Lord! and let Thy enemies be scattered, and let them that hate Thee flee from before Thy Face.

These three beads recall the three years of Our Lord's public life and honor all the wounds of His Holy Face.

On the Cross, to Close

God, our Protector, look on us and look on the Face of Thy Christ. Amen.

The Golden Arrow Prayer

May the most holy, most sacred, most adorable, most incomprehensible, and ineffable Name of God be forever praised, blessed, adored, loved, and glorified, in heaven, on earth, and under the earth, by all the creatures of God, and by the Sacred Heart of Our Lord Jesus Christ in the most Holy Sacrament of the Altar. Amen.