

# Food that sustains...

[truthhimself.blogspot.com/2018/09/food-that-sustains.html](http://truthhimself.blogspot.com/2018/09/food-that-sustains.html)

**"The school of Christ is the school of charity.  
On the last day, when the general examination takes place,  
there will be no question at all on the text of Aristotle,  
the aphorisms of Hippocrates, or the paragraphs of Justinian.  
Charity will be the whole syllabus." - St Robert Bellarmine**

**"The Holy Eucharist is offered to us on our pilgrimage as food so that we do not faint on the path to the fatherland, especially at the time when, tired by a long journey, our forces are apt to wane...**

**The Lord left His Body in the Eucharist as a pledge of heavenly beatitude."**

St Robert Bellarmine, "Comments on Aquinas' *O Sacrum Convivium*"

## ***St Robert Bellarmine***

Italy ~ 1542-1621

Jesuit theologian, writer, and cardinal

Key voice and action in Counter-Reformation

Dubbed: "*Prince of the Apologists*"

Doctor of the Church

Patron of Canon lawyers, catechists, students,  
those with Down's syndrome

**FEAST DAY - September 17**





From St Robert Bellarmine's treatise *On the Ascent of the Mind to God:*

"May you consider truly good whatever leads to your goal and truly evil whatever makes you fall away from it."

[Click here: St. Robert Bellarmine - YouTube](#) (2 mins)

[Click here: Fr. Hardon Archives - St. Robert Bellarmine,](#)



**St Robert Bellarmine,  
pray for us!**