

How splendid the cross of Christ! ...

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**"Blest is the wood through which
justice comes about." - Wisdom 14:7**

**"The event of the Cross and Resurrection abides
and draws everything toward life." (CCC 1085)**

Feast of the Exaltation of the Cross September 14

**"How splendid the cross of Christ! It
brings life, not death; light, not darkness;
Paradise, not its loss. It is the wood on
which the Lord, like a great warrior, was
wounded in hands and feet and side, but
healed thereby our wounds. A tree has
destroyed us, a tree now brought us
life." ~ St Theodorus the Estudite**



Exquisite mosaic ~ Tree of Life, Holy Cross (detail) ~ San
Clemente - Roma





Painting (detail) The Exaltation of the Holy Cross, Luigi Gregori Spes Unica: (Our) only Hope

"Recognize in this bread what hung on the cross, and in this chalice what flowed from His side... whatever was in many and varied ways announced beforehand in the sacrifices of the Old Testament pertains to this one sacrifice which is revealed in the New Testament.

Receive in this bread that which was hanged on the cross; receive in this cup that which was poured from Christ's side. For he will gain death, not life, who thinks Christ is a liar."

~ St Augustine

Crucifixes on rosaries, worn around one's neck and in one's home serve as enduring and endearing reminders of the magnitude of Christ's love and serve as focal points for private prayer.



**O Jesus, Jesus, I no longer feel my cross
when I think of yours!"- St Bernadette Soubirous**

"On the Cross human misery and divine mercy meet. ...The Cross is planted in the earth and would seem to extend its roots in human malice, but it reaches up, pointing as it were to the heavens, pointing to the goodness of God.

By means of the Cross of Christ, the Evil One has been defeated, death is overcome, life is given to us, hope is restored, light is imparted. *O Crux, ave spes unica!*..." ~ St John Paul II, homily 09.14.03

[Click here: Exaltation of the Holy Cross - YouTube \(3 mins\)](#)

[Click here: Exaltation of the Holy Cross \(Roodmas\)](#)

[Click here: Crucifixes and Crosses](#)

**"He who runs away from one cross,
will meet a bigger one on his road."- St Philip Neri**



Archbishop Fulton Sheen summarized the reason for using a crucifix instead of an empty cross when he said,
**“Keep your eyes on the crucifix,
for Jesus without the cross is a man without a mission,
and the cross without Jesus is a burden without a reliever.”**

**We adore Thee, O Christ, and we bless Thee
because by Thy holy Cross
Thou hast redeemed the world!**