

More you...

[truthhimself.blogspot.com/2017/09/more-you.html](http://truthhimself.blogspot.com/2017/09/more-you.html)

**"The grace flowing from this wellspring (Eucharist)  
renews mankind, life and history."**

St John Paul II, *Dies Domini*, Pentecost Sunday, 31 May 1998



**"The Blessed Sacrament**

is the **Sacrament of Unity**; and when you receive it,  
it does not merely produce in you more charity  
toward your neighbor, more loyalty toward the Church,  
more unselfishness in your human attachments.

**It makes you more at unity with yourself;**

it catches up our life into a rhythm that echoes the heavenly music...

It comes to you... full of that **unifying love**  
which is the **bond of the Blessed Trinity.**"

*Msgr Ronald Knox*

Painting above: *Memoir Writing* ~ August Muller