

The best prayer...

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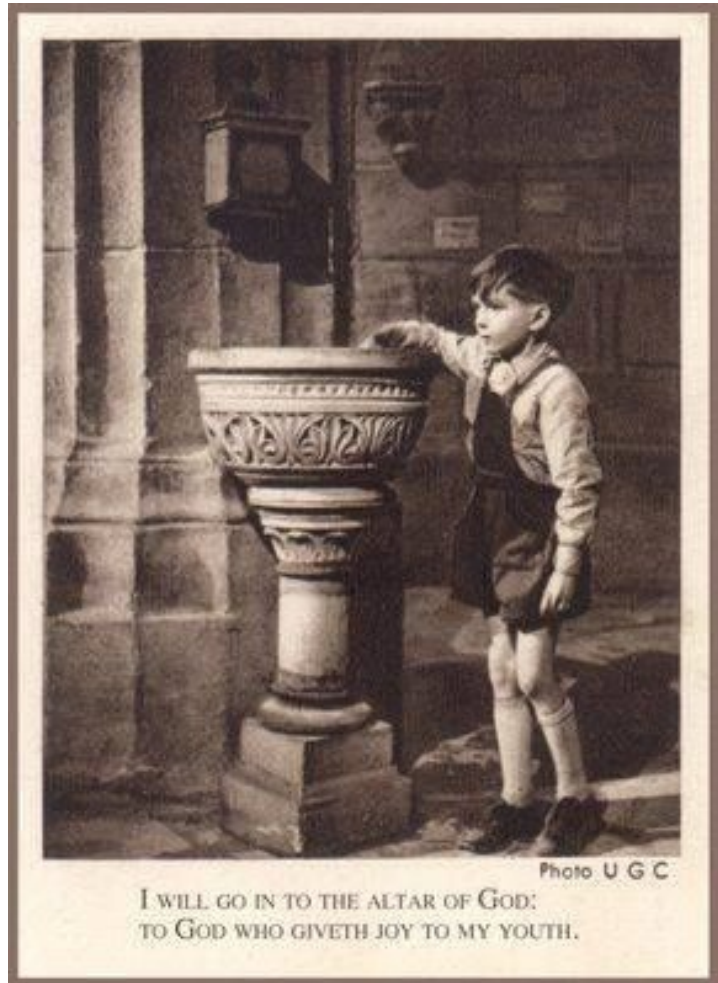
"The best prayer is the one in which there is the most love."

- Bl Charles de Foucauld

Prayer of Abandonment
~ Bl Charles de Foucauld

**Father,
I abandon myself into your hands;
do with me what you will.
Whatever you may do, I thank you:
I am ready for all, I accept all.
Let only your will be done in me,
and in all your creatures.
I wish no more than this, O Lord.**

**Into your hands I commend my soul;
I offer it to you
with all the love of my heart,
for I love you, Lord,
and so need to give myself,
to surrender myself into your hands,
without reserve,
and with boundless confidence,
for you are my Father.**





*Excerpt from the writings of Fr Rene Voillaumeon
on the Blessed Sacrament and Charles de Foucauld:*

"You will always be right in imitating the attitude of soul—which is so simple, so logical, so full of love—of Frere Charles of Jesus towards the Blessed Sacrament. Our devotion to the Eucharist must be profound, honest, totally embraced as essential. When one has acquired the disposition of receiving this gift of God with the soul of a child, one is upset by the reasoning of certain people... who dispute the devotion towards the Eucharist and sometimes question its legitimacy on liturgical or historical grounds... Why not, in the simple logic of faith, love the Eucharist with all the love with which we love Jesus himself? That is what filled Father de Foucauld with the spontaneity of a child."