

# Hold nothing back...

[truthhimself.blogspot.com/2018/10/hold-nothing-back.html](http://truthhimself.blogspot.com/2018/10/hold-nothing-back.html)

**"May the burning and most sweet power of Your love,  
O Lord Jesus Christ, I beseech You, absorb my mind that I  
may die through love of Your love, Who were graciously  
pleased to die through love of my love." - St. Francis**



Meditation of St. Francis of Assisi

**Let everyone be struck with fear,  
the whole world tremble,  
and the heavens exult  
when Christ, the Son of the living God,  
is present on the altar in the hands of a priest!**

**O wonderful loftiness  
and stupendous dignity!  
O sublime humility!  
O humble sublimity!  
The Lord of the universe,  
God and the Son of God,  
so humbles Himself  
that He hides Himself  
for our salvation  
under an ordinary piece of bread!**

See the humility of God, **brothers,**  
and **pour out your hearts before Him!**

**Humble yourselves that you may be exalted by Him!**

**Hold back nothing of yourselves for yourselves,  
that He Who gives Himself totally to you  
may receive you totally!**

## ***St Francis of Assisi***

Deacon, Founder, Stigmatist

a.k.a. - "*the little beggar*"

Italy ~ 1181 - 1226

Founder: *Friars Minor* (Franciscans)

Co-founder w/St Clare: Order of *Poor Ladies* (Poor Clares)

Founder : *Third Order of Penance* (for laity)

Started Eucharistic Adoration in Italy

**Feast Day - October 4**

**"Sanctify yourself and you will sanctify society."  
- St Francis of Assisi**

**[Click here: St Francis of Assisi - YouTube](#)**

**[Click here: St.Francis of Assisi biography -  
YouTube \(7:45 mins\)](#)**

**[Click here: 12 Fascinating Facts You Didn't Know  
About the Great St. Francis of Assisi | ChurchPOP](#)**

**St Francis of Assisi,  
pray for us!  
Blessed namesake day,  
Pope Francis!**



Artist: Michael O'Brien