

# May times of refreshing come...

[truthhimself.blogspot.com/2018/11/may-times-of-refreshing-come.html](http://truthhimself.blogspot.com/2018/11/may-times-of-refreshing-come.html)

**Repent therefore, and turn again,  
that your sins may be blotted out, that times of refreshing  
may come from the presence of the Lord. – Acts 3:19**



Fr Gabriel, Canon Regular of St Augustine, Australia

**"I look and look, and turn to look again  
at the consecrated Host; its whiteness dazzles me;  
its brilliant rays wound my soul to its utmost depths  
by revealing to me all its defects and deformities. ...**

Who can think himself humble in the presence of Him  
who is hidden under the form of bread? ...

**Oh, my Lord! In your presence,  
I ought to feel nought but shame,  
and a deep sense of my utter worthlessness;  
but I also feel a great love for You ...**  
which purifies and transforms me,  
and takes me far away from this earth,  
to the purest of Hosts, the very abode of Love."

*Servant of God Concepcion Cabrera de Armida*

**Holy Confessions beget holy Communions...**



**"Our misery caused Him to stoop to our lowness. Even our sins  
had a sort of attraction for the abundance of His mercy  
and the predilection of His grace. Our repentance wins Him to us.  
Our love makes earth a paradise to Him..." - Fr Frederick W Faber**