

# Better not bitter...

[truthhimself.blogspot.com/2018/11/better-not-bitter.html](http://truthhimself.blogspot.com/2018/11/better-not-bitter.html)

**"A Holy Hour of Eucharistic Adoration is a sharing  
in the work of Redemption." - Archbishop Fulton J Sheen**



**"Think of it this way, Thomas** (priest receiving this letter). Because St. Martin [de Porres] was black and illegitimate he was insulted and mistreated. He identified with Jesus, ignored and mistreated in the Blessed Sacrament. As they consoled each other, Martin became more charitable, not hostile, better not bitter. He would spend as many as eight hours each day in prayer before the Blessed Sacrament.

**This so pleased Jesus** that he made Martin a miracle worker. He would take a basket of fresh bread from the monastery and go out into the streets to feed the poor. With a single basket of bread he would feed an entire barrio.

**Martin fed hundreds of starving people** with a single basket of bread. You, dear Thomas, save hundreds of people from hell with a single holy hour of prayer in the Presence of the Living Bread come down from Heaven."

Excerpt from: *Letters To A Brother Priest*

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# St Martin de Porres

aka: *St Martin of Charity*

Dominican Coadjutor Brother

Peru ~ 1579-1639

Father: Peruvian nobleman

Mother: free slave of Panama

Patron saint of Social justice and Interracial harmony

## Feast Day - November 3

In 1962, Pope St John XXIII beautifully remarked at the canonization of Saint Martin de Porres: "He excused the faults of others. He forgave the bitterest injuries, convinced that he deserved much severer punishments on account of his own sins. He tried with all his might to redeem the guilty; lovingly he comforted the sick; he provided food, clothing and medicine for the poor; he helped, as best he could, farm laborers and Negroes, as well as mulattoes, who were looked upon at that time as akin to slaves: thus he deserved to be called by the name the people gave him: '**Martin of Charity.**'"



[Click here: St. Martin de Porres - YouTube \(2 mins\) Apostleship of Prayer](#)

[Click here: St. Martin de Porres - YouTube \(3 mins\) CCTN](#)

## St Martin de Porres, pray for us!

**During the Octave of All Saints' Day  
(Nov 1 thru Nov 8)**

any of the faithful, by devoutly visiting a cemetery and praying for the departed, can obtain a plenary indulgence (each day this is done), applicable to the poor souls in purgatory, (under the usual conditions for obtaining indulgences).

