

Widen yourself in love...

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**"The soul must grow and expand, so as to be capable of God.
And its largeness is its love, as the Apostle says,
Widen yourselves in love (2 Cor 6:13)." - St Bernard of Clairvaux**

**"You do not encounter Jesus
placed on an inaccessibly high throne,
but in the bread *and* wine of the Eucharist.
His word does not shake the doorposts,
but rather caresses the strings of the heart."**

Pope Francis

