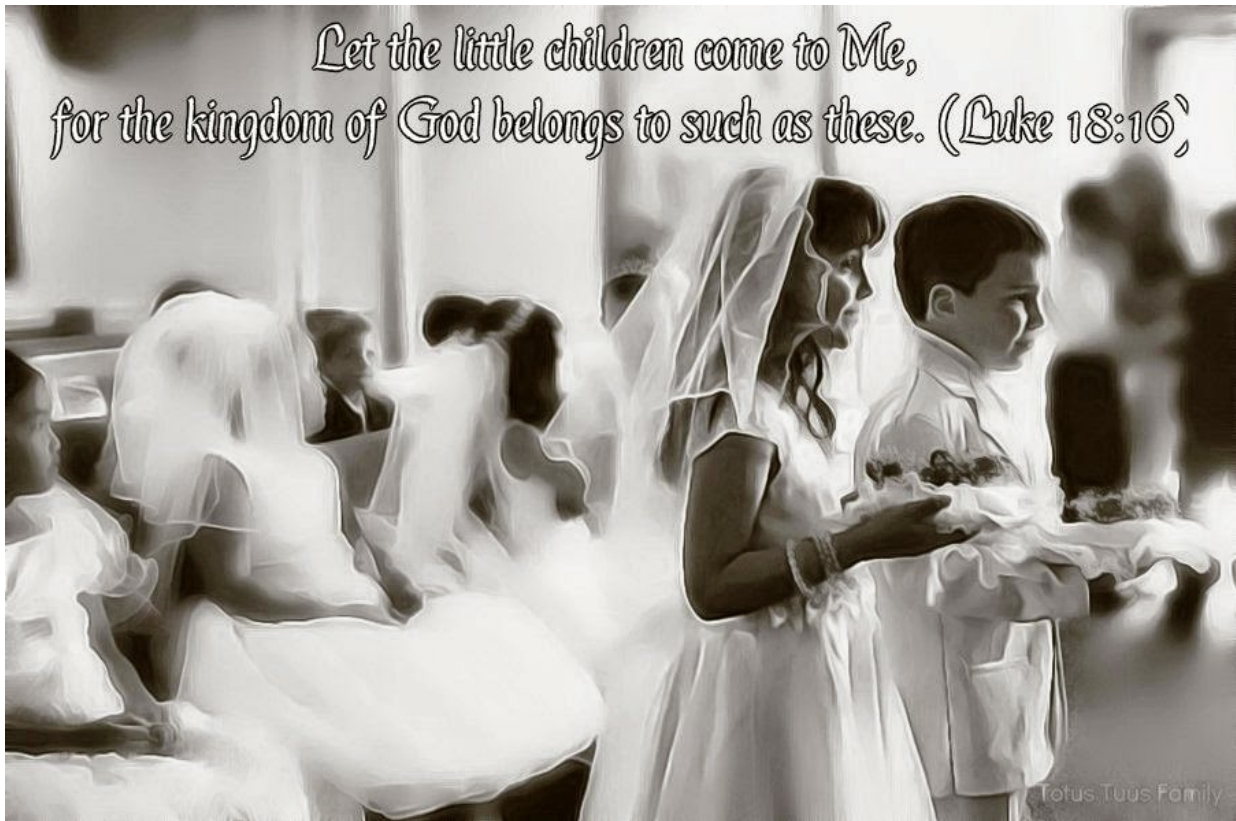


# First Holy Communion...

[truthhimself.blogspot.com/2018/05/first-holy-communion-2nd-in-series-of-3.html](http://truthhimself.blogspot.com/2018/05/first-holy-communion-2nd-in-series-of-3.html)

**"Today I have received Jesus, and now I possess Him entirely  
in my miserable soul..." - St Gemma Galgani**



*An excerpt from a letter of St Gemma, happily describing her First Communion Day to her Spiritual Director, Fr Gernamus Ruoppolo, C.P:*

"I prepared myself, with much work on the part of those good nuns, for my general Confession. I made it in three sessions to Msgr. Volpi.

I finished it on Saturday, the vigil of that happy day.

Finally, Sunday morning came. I arose early and ran to Jesus for the first time.

At last my desires were realized. I understood for the first time the promise of Jesus: *'He who eats of Me shall live of My life.'*

Dear Father, I do not know how to tell what passed between Jesus and me at that moment. Jesus made Himself felt very strongly by more poor soul.

I understood at that moment that the delights of heaven are not like those of the earth. I felt myself overcome by the desire to render that union with my God continual. I felt weary of the world more and more, and more disposed to recollection. It was that same morning that Jesus gave me the great desire to be a religious."

*St Gemma Galgani*

1878-1903

Patron Saint of Children and First Communion

St Gemma received her First Holy Communion (age 9) on June 17, 1887,  
which was the Solemnity of the Sacred Heart of Jesus that year.

Top Photo image hat tip: [Click here: Trust Like A Child - Totus Tuus Family & Catholic Homeschool](#)

**Do you remember/can you figure out  
your First Holy Communion date?**

**Do HEARTILY celebrate it!**

