

Morning has broken!

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***O Lord, in the morning Thou dost hear my voice
in the morning I prepare a sacrifice for Thee, and watch. Psalm 5:3***



"In the Christian tradition, time has always had a sacramental significance because God entered into time and hallowed it, just as He entered into matter and space and hallowed them. Time means something. *And God has ordered the rhythms of our lives so that this awareness is built into our bones.*

Morning, for instance, carries with it the sense of promise, of renewal, of freshness, of second chances. Morning is as old as the world, yet every morning feels new. Even as tragic a book as Lamentations picks up on this theme and reminds us that *the steadfast love of the Lord never ceases, that His mercies never come to an end and that they are "new every morning."*

Not surprisingly then, the Church takes over the tradition of morning prayer from our elder brothers, the Jews, and urges us to pray like the psalmist in the morning and to offer the coming day to God, who gave it to us. Today, offer morning prayer to God, make your life a living sacrifice, and watch." ~ Mark Shea

**Hasten to offer the perfect morning prayer -
the sacrifice of the holy Mass! * Morning has broken!**