

# Christ has declared, Christ has established...

[truthhimself.blogspot.com/2018/06/christ-has-declared-christ-has.html](http://truthhimself.blogspot.com/2018/06/christ-has-declared-christ-has.html)

**"For this is why the Word became man, and the Son of God became the Son of man: so that man, by entering into communion with the Word and thus receiving divine sonship, might become a son of God." - St Irenaeus**



**"(Christ) has declared the cup, a part of creation,  
to be His own Blood,  
from which He causes our blood to flow;  
the bread, a part of creation,  
He has established as His own Body,  
from which He gives increase to our bodies."**

## ***St. Irenaeus***

**Nee Smyrna ~ 125-202 AD**

**Disciple of Polycarp**

**(Polycarp: disciple of St John the Apostle)**

**Bishop of Lyons, Father of the Church**

**Theologian, prolific writer**

**Masterpiece - *Adversus Haereses (Against Heresies)\****

**\*(Detailed refute on teachings of Gnosticism)**

*Against Heresies* is source of the quote above

**Feast Day - June 28**

"One should not seek among others the truth that can be easily gotten from the Church. For in her, as in a rich treasury, the apostles have placed all that pertains to truth, so that everyone can drink this beverage of life. She is the door of life." - *St Irenaeus*

[Click here: Fr. Barron on The God Who Doesn't Need Us - YouTube \(6 mins\)](#)

[Click here: Irenaeus of Lyons - YouTube \(2 mins\)](#)

[10 inspiring quotes from Saint Irenaeus](#)

**St Irenaeus, pray for us!**

