

# Christ's inseparable companions...

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**Follow the way of love... I Corinthians 14:1**



**"Go with Him, as His inseparable companion,** to the wedding feast of Cana, and drink of the wine of His blessing. Let you have ever before you the Face of the Lord, and look upon His beauty, and let your earnest gaze turn nowhere away from His most sweet countenance. Go before Him into a desert place and see the wonder of His works, where He multiplied in His own Holy Hands the bread that sufficed to feed a great multitude.

**Go, my brother, go forward, and with all the love of your soul follow Christ wherever He may go...**

And **lovingly behold Him** as taking bread into His hands, He blesses it, and breaks it, as the outward form of His own Immaculate Body; and the chalice which He blessed as the outward form of His Precious Blood, and gave to His Disciples; and **be you also a partaker of His sacraments.**"

## **St Ephrem**

Syria ~ 306-373

Deacon and Doctor of the Church

Poet, Hymnographer, orator, defender of the faith

His works: described as "a storehouse of treasures"

He was called: "**Harp of the Holy Spirit,**" "**Doctor of the World,**"  
and "**Pillar of the Church.**"

Great devotion to Our Lady

Patron: Spiritual Directors, spiritual leaders

### **FEAST DAY – June 9**

Painting above: *The Marriage at Cana* - Gerard David

"Lay me not with sweet spices,  
For this honor avails me not,  
Nor yet use incense and perfumes,  
For the honor befits me not.  
Burn yet the incense in the holy place;  
As for me, escort me only with your prayers,  
Give ye your incense to God,  
And over me send up hymns.  
Instead of perfumes and spices,  
Be mindful of me in your intercessions."

From *The Testament of St. Ephrem*



[Click here: The Prayer of St Ephrem the Syrian - YouTube \(2:30 mins\)](#)

[Click here: Pope Benedict XV - 5 October 1920 - On St. Ephrem the Syrian](#)

[Click here: St. Ephrem - YouTube \(2 mins\)](#)

**St Ephrem, Harp of the Holy Spirit, pray for us!**