

God's strengthening aid...

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**For My flesh is real food
and My blood is real drink. - John 6:55**



**"Let us stand fast in what is right,
and prepare our souls for trial.
Let us wait upon God's strengthening aid
and say to Him:
*O Lord, you have been our refuge
in all generations.*"**

St Boniface

**Benedictine monk, Bishop, Martyr
675 - 754**

nee England ~ Missionary

Known as *Apostle of Germany*

Patron: Germany, brewers, World Youth Day

Feast Day - June 5

**"In her voyage across the ocean of this
world, the Church is like a great ship being
pounded by the waves of life's different
stresses. Our duty is not to abandon ship
but to keep her on her course." ~ St
*Boniface***



[Click here: St. Boniface - YouTube \(2 mins\)](#)

[Click here: St Boniface - YouTube \(Fr Wagner\)](#)

St Boniface, pray for us!