

# The veil is thin...

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**"Kneel down! Kneel down! Do you not see on high the golden Chalice and the bright rays from the Host? It is the Blessed Sacrament of the Altar. The Angels are adoring It. Come let us join our adoration to theirs." - St Pascal Baylon (+1592)**



**"When you are before the altar where Christ reposes, you ought no longer to think that you are amongst men; but believe that there are troops of angels and archangels standing by you, and trembling with respect before the sovereign Master of Heaven and earth.**

**Therefore, when you are in church, be there in silence, fear, and veneration."**

*St. John Chrysostom*