

Union with Christ, family and friends...

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**Let us praise Joachim and Anne, to whom, in their generation,
the Lord gave Him who was a blessing for all the nations.**

- Entrance Antiphon (Today's Liturgy)



As medieval Christians came to seek union with Christ in abiding before the reserved Blessed Sacrament, they likewise began to discover in the presence of their God a deeper union with their family and friends, as did Saint Elzear of Sabran, a Third Order Franciscan (1286 - 1323), who, in a letter to his wife, Saint Delphina, wrote:

*'You desire to hear often of me.
Go often to visit our amiable Lord Jesus Christ in the Holy
Sacrament. Enter in spirit His Sacred Heart.
You know that to be my constant dwelling.
You will always find me there.'*

From *In the Presence of Our Lord
The History, Theology, and Psychology of Eucharistic Devotion*
Fr Benedict J Groeschel, CFR and James Monti

Remembering ...

St Joachim and St Anne

Parents of the Virgin Mary
Patron of Grandparents

Feast Day - July 26

[Click here: Discovering our Saints - Sts Ann and Joachim - YouTube](#) (3 mins)

[Click here: Reflection on St Joachim/St Anne - Grandparents of Jesus - YouTube](#) (5 mins)



O God, who willed that your Only Begotten Son should be born from
among humanity so that by a wonderful mystery humanity
might be born again from you, we pray that, in your kindness,
you may sanctify by the spirit of adoption those you have fed
with the Bread you give your children. Through Christ our Lord.

(Prayer after Communion, *Today's Liturgy*)

St Joachim and St Anne, pray for us!