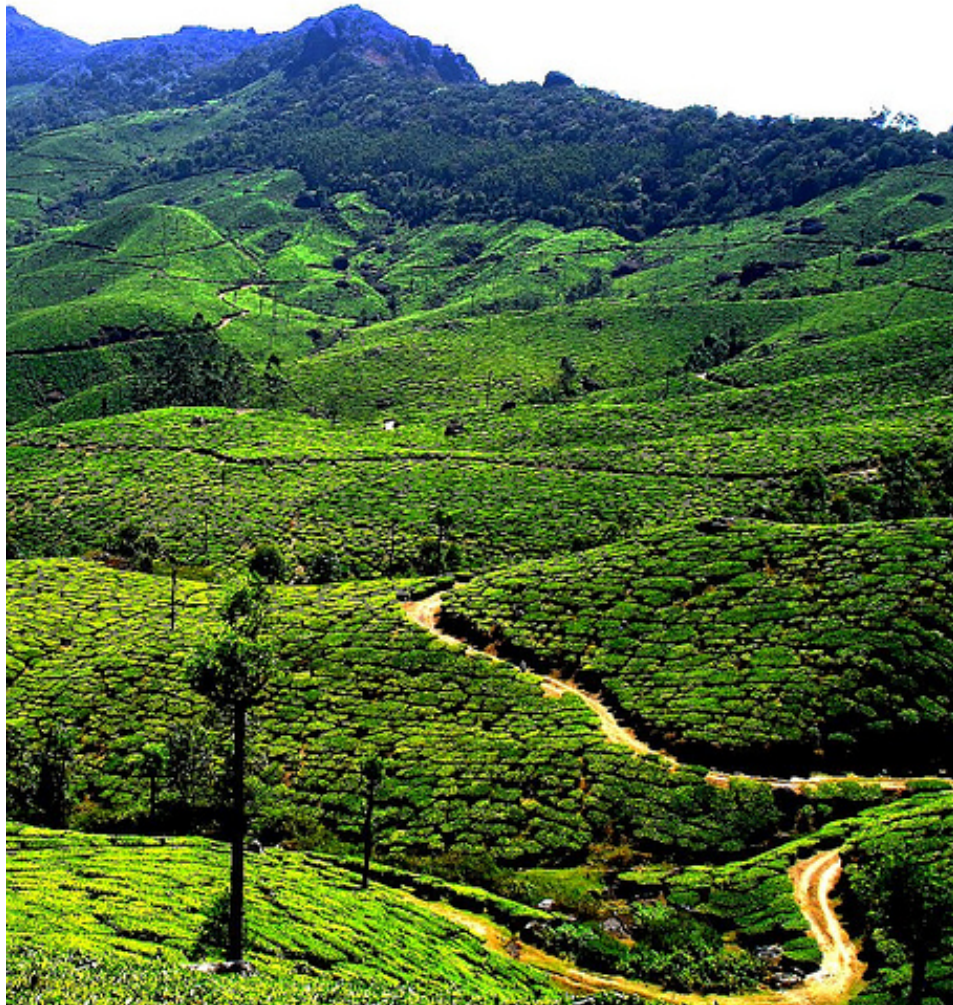


# He prepares, He invites...

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[truthhimself.blogspot.com/2018/01/he-prepares-he-invites.html](http://truthhimself.blogspot.com/2018/01/he-prepares-he-invites.html)

**Once, St Teresa (of Avila) was overwhelmed with God's Goodness and asked Our Lord, "How can I thank You?"  
Our Lord replied, "Attend one Mass."**



**"Our Lord knew well that we were too weak to walk courageously along the road of life that is often very difficult. So His prophet who saw from afar all the treasures hidden in the Church of Jesus Christ said, "Thou hast prepared a table before me, against them that afflict me"(Psalm 23:5).**

**The food of this table is Jesus Christ Himself,**

**His Divine Flesh, His precious Blood.  
It is He who prepares the feast and invites us to it."**

**St Madeleine Sophie Barat**



**RESPOND** to the invitation of **Jesus Christ Himself**.  
**Consider attending Holy Mass daily** during the season of **Lent**.  
If this is already your routine - add a daily Holy Hour.  
He has prepared *the* Table - and invited YOU!