

Balm to every wound...

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**Peter said to him, "Jesus Christ heals you.
Get up and take care of your mat." - Acts 9:34**



St. Elizabeth Ann Seton received great solace
by bringing her sorrows to Jesus in the Blessed Sacrament
and speaking heart to heart with Him there:

**"How sweet, the presence of Jesus
to the longing and harassed soul!
He is instant peace and balm to every wound."**

St Elizabeth Ann Seton

United States ~ 1774-1821

Convert to Catholicism

Three basic points led her to become Catholic:

- 1) belief in the Real Presence
- 2) devotion to the Blessed Mother,
- 3) conviction that the Catholic Church led back
to the Apostles and Christ

Mother, Widow, Educator, Musician, Linguist, Religious
Established schools and orphanages
Foundress of *Sisters of Charity*

Two great devotions:

- 1) Abandonment to God's Will
- 2) Ardent devotion to the Blessed Sacrament

Feast Day - January 4

"The accidents of life separate us from our dearest
friends, but let us not despair. God is like a looking
glass in which souls see each other. The more we are
united to Him by love, the nearer we are to those who
belong to Him." - *St Elizabeth Ann Seton*

[Click here: St. Elizabeth Ann Seton - YouTube \(3
mins\)](#)

[Click here: Mother Seton: Servant of the Good
Teacher | Crisis Magazine](#)



St Elizabeth Ann Seton, pray for us!