

Driving out the beasts...

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"We need ... to reemphasize the glories of the Cross and of our Crucified Redeemer, to reopen the fountains of mercy just when the devil would make us the victim of wrath... We must arouse them from their insensibility by reminding them that His Blood is offered up every morning upon the altars." - St Gaspar del Bufalo



On one occasion St Peter Damian wrote to a young nephew:

"If I may speak figuratively, drive out the roaring beasts from your domain; do not cease from protecting yourself daily by receiving the Flesh and Blood of the Lord.

Let your secret foe see your lips reddened with the Blood of Christ.

He will shudder, cower back, and flee to his dark, dank retreat."

St Peter Damian

Italy ~ 1007-1072

Benedictine monk, Cardinal-Bishop of Ostia

Reformer, Author - *Liber Gomorrhianus* (Book of Gomorrah)

Doctor of the Church

MOTTO: **"Do not prefer anything to the love of Christ."**

Feast Day - February 21

"Do not be depressed. Do not let your weakness make you impatient. **Instead, let the serenity of your spirit shine through your face. Let the joy of your mind burst forth. Let words of thanks break from your lips.**" - *St Peter Damian*

[Click here: St. Peter Damian - YouTube](#) (2 mins)

[Click here: Homily: St Peter Damian - YouTube](#) (4 mins)

[Click here: General Audience of Pope Benedict XVI, 9 September 2009](#)
(Address in re: St Peter Damian)



St Peter Damian, pray for us!