

# The heavens have distilled honey...

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**Make merry therefore on this beautiful day,  
on which the sun of the Eucharist is rising. Let your gratitude  
never separate the Crib from the Altar, the Word made Flesh from  
the God-Man made Bread of Life in the Most Blessed Sacrament."**

*- St Peter Julian Eymard*



**"In this midnight Mass . . . I shall see a crib on  
the altar, and the sweet Babe with his two eyes  
filling with tears more precious than pearls,  
I will offer him to God his Father  
with his Mother's approval,  
and will ask him for you,  
that he may ever be heart of your heart  
and the sole Beloved of your soul."**

*St. Francis de Sales*

**"Celebrate the feast of Christmas every day,  
even every moment,  
in the interior temple of your spirit."- St Paul of the Cross**



Adoration of the Shepherds ~ Guido Reni

**Each of us must sink to child-level before the Crib.  
Each of us, at the same time,  
must rise to the Incarnation-level.  
- Msgr Ronald Knox**





**Today is the dawn of the new redemption,  
of the old restoration, of eternal happiness:  
today, the heavens have distilled honey  
throughout the whole world." - St Bonaventure**

**"Raise Your tiny hand, divine Child,  
and bless these young friends of Yours,  
bless the children of all the earth." - Pope St John Paul II**

**"Dearly beloved, today our Savior is born;  
let us rejoice.  
Sadness should have no place on the birthday of life.  
The fear of death has been swallowed up;  
life brings us joy with the promise of eternal happiness.  
No one is shut out from this joy;  
all share the same reason for rejoicing."**

From a sermon of *St Leo the Great, Pope*

