

Emptying... to make room...

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“The **humility of Jesus** can be seen in the crib ...

and now **in His permanent state of humility in the tabernacle**, where **He has reduced Himself** to such a small particle of bread that the **priest can hold Him with two fingers**.

The **more we empty ourselves**, the **more room we give God to fill us.**”

St Mother Teresa of Calcutta





“Spread love everywhere you go. Let no one ever come to you without leaving happier. Be the living expression of God's kindness: kindness in your face, kindness in your eyes, kindness in your smile.” – St Mother Teresa of Calcutta