



The Via Lucis (Way of Light)

The Stations of the Resurrection

A pious exercise called the Via Lucis has developed and spread to many regions in recent years. Following the model of the Via Crucis [the Way of the Cross], the faithful process while meditating on the various appearances of Jesus—from his Resurrection to his Ascension—in which he showed his glory to the disciples who awaited the coming of the Holy Spirit (cf. John 14:26; 16:13-15; Lk. 24:49), strengthened their faith, brought to completion his teaching on the Kingdom, and more closely defined the sacramental and hierarchical structure of the Church.

1. Jesus Rises From the Dead (Matthew 28:1-7)
2. The Disciples Find the Tomb Empty (John 20:1-9)
3. The Risen Lord Appears to Mary Magdalene (John 20:11-18)
4. The Risen Lord Appears to Two Disciples on the Road to Emmaus (Luke 24:13-27)
5. The Risen Lord Is Recognized at the Breaking of Bread (Luke 24:28-35)
6. The Risen Lord Appears to His Disciples (Luke 24:36-43)
7. The Lord Gives the Power to Forgive Sins (John 20:19-23)
8. The Lord Confirms the Faith of Thomas (John 20:24-29)
9. The Risen Lord Meets His Disciples on the Shore of Lake Tiberias (John 21:1-13)
10. The Risen Lord Confers the Primacy on Peter (John 21:15-17)
11. The Risen Lord Entrusts to His Disciples the Mission to the World (Matthew 28:16-20)
12. The Risen Lord Ascends to the Father (Acts 1:6-11)
13. Waiting for the Holy Spirit with Mary, the Mother of Jesus (Acts 1:12-14)
14. The Risen Lord Sends the Holy Spirit Promised to the Disciples (Acts 2:1-13)

(From The Directory of Popular Piety and the Liturgy)