



## **Prayer before Meals**

Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty, through Christ our Lord. Amen.

## **Prayer after Meals**

We give Thee thanks for all Thy benefits, O Almighty God, who livest and reignest forever; and may the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

