

# PRAYER BEFORE A CRUCIFIX

Look down upon me, good and gentle Jesus, while before Thy face I humbly kneel, and with burning soul I pray and beseech Thee to fix deep in my heart lively sentiments of faith, hope, and charity, true contrition for my sins, and a firm purpose of amendment; while I contemplate with great love and tender pity Thy five wounds, pondering over them within me, having in mind the words which David Thy prophet said of Thee, my Jesus: "They have pierced my hands and my feet; they have numbered all my bones."

*Pray one Our Father, one Hail Mary, and one Glory Be for the Holy Father's intentions.*

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