

Prayer to St. Dymphna

St. Dymphna was an Irish 7th-century young lady killed by her deranged father for refusing to marry him after the death of his wife, Dymphna's mother. She is the patroness of those with mental, nervous, and emotional problems.

Good Saint Dymphna, great wonder-worker in every affliction of mind and body, I humbly implore your powerful intercession with Jesus through Mary, the Health of the Sick, in my present need. (*Mention it.*) Saint Dymphna, martyr of purity, patroness of those who suffer with nervous and mental afflictions, beloved child of Jesus and Mary, pray to them for me and obtain my request. Amen.

Pray one Our Father, one Hail Mary, and one Glory Be.

Saint Dymphna, virgin and martyr, pray for us.



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