



Prayer to Our Lady of Good Help

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The apparitions of Our Lady to Adele Brise in 1859 in Champion, Wisconsin, were officially approved by the Church 150 years later, on December 8, 2010, after a two-year investigation. Mary asked Adele to go to Confession, receive Holy Communion with the intention of the conversion of sinners, and to teach catechism to the local children.

O Dear Lady of Good Help, you revealed yourself as the Queen of Heaven to your servant Adele. You gave her a mission to pray for the conversion of sinners, to bring the Good News of Jesus Christ to others, and to prepare the children for the reception of the sacraments. I trust that as you called Adele to holiness, you are calling me, in my station in life, to live a holy life, devoted to Jesus Christ with the help of your maternal love. I bring before you now my worries and anxieties. I abandon my attachments to them and place them at your feet. I ask you to hear the deepest longings of my heart as I pray most earnestly for (*your intention*). Dear Lady, you told Adele and you say to all of us, "Do not be afraid; I will help you." Help me now as I place this intention with complete confidence and trust. Amen.

Our Father, Hail Mary, Glory Be

Our Lady of Good Help, pray for us.