



## **MORNING PRAYER**

Lord, God Almighty, You have brought us safely to the beginning of this day. Defend us today by Your mighty power, that we may not fall into any sin, but that all our words may so proceed and all our thoughts and actions be so directed as to be always just in your sight. Through Christ our Lord. Amen.

*From the Roman Breviary*

## **MORNING PRAYER BY ST. THÉRÈSE**

O my God! I offer Thee all my actions of this day for the intentions and for the glory of the Sacred Heart of Jesus. I desire to sanctify every beat of my heart, my every thought, my simplest works, by uniting them to Its infinite merits; and I wish to make reparation for my sins by casting them into the furnace of Its Merciful Love.

O my God! I ask of Thee for myself and for those whom I hold dear, the grace to fulfill perfectly Thy Holy Will, to accept for love of Thee the joys and sorrows of this passing life, so that we may one day be united together in heaven for all eternity. Amen.