

A mosaic depicting the Crucifixion of Jesus Christ. Jesus is on the cross in the center, with a crown of thorns and a halo. To the left is the Virgin Mary, and to the right is Saint John the Apostle. The background is gold mosaic tiles. The text 'ACT OF CONTRITION' is overlaid in white on a semi-transparent dark red rectangle.

ACT OF CONTRITION

O my God, I am heartily sorry for having offended Thee; and I detest all my sins because I dread the loss of heaven and the pains of hell, but most of all because they offend Thee, my God, Who art all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance, and to amend my life. Amen.